

AUTISM & ADHD

Parent/Carer Support Group

This is a parent/carer lead support group.

A safe space to discuss your child's or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity to meet other parents/carers with similar experiences.

Experienced staff from the Neurodevelopmental Behavioural Support team are on hand to offer guidance, support, useful strategies, information, and answer questions.

The group is mainly centred around group discussion, however if you wish to speak to a member of the team 1-1, we will always endeavour to do our best to accommodate this.

Please note this is a parent/carer support group. If you need to bring children, we cannot offer any supervision and they will remain in your care throughout the session.

No diagnosis required.

For general NBS enquiries **Email** - family servicenbs@nottsc.gov.uk



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Drop in and visit us at any of the following venues and stay as little, or long as you like.

Bingham Children's Centre, Eaton Place, Bingham, NG13 8BE

Wednesdays 13:00-15:00 Alternate Months with Candleby Lane School

19th April, 7th June, 13th Sept, 8th Nov

Cotgrave Candleby Lane School, Candleby Ln, Cotgrave, NG12 3JG

Wednesday 13:00-15:00 Alternate Months with Bingham

10th May, 5th July, 4th Oct, 6th Dec

Albany Infants School, Grenville Dr, Stapleford, NG9 8PD

Tuesdays 13:00-15:00

25th April, 23rd May, 13th June, 18th July, 19th Sept, 17th Oct, 21st Nov, 12th Dec

Daybrook Medical Practice, Salop St, Daybrook, NG5 6HP

Tuesdays 09:30-11:30

25th April, 16th May, 13th June, 11th July, 19th Sept, 10th Oct, 14th Nov, 12th Dec

Kirkby East Children's Centre, The Summit Centre, Kirkby in Ashfield, NG17 7LL

Wednesdays 09:30-11:30 Alternate months with Butler's Hill from July

26th April, 24th May, 14th June, 27th Sept, 22nd Nov

Butler's Hill & Broomhill Children's Centre, Broomhill Rd, Hucknall NG15 6AJ

Wednesdays 09.30-11.30 Alternate months with Kirkby Children's Centre from July

19th July, 18th Oct, 13th Dec

Mansfield Woodhouse Children's Centre, Swan Lane, NG19 8BT

Thursdays 09:30-11:30

20th April, 18th May, 8th June, 13th July, 14th Sept, 12th Oct, 16th Nov, 14th Dec

Hawtonville Children's Centre, Bowbridge Rd, Newark, NG24 4EG

Tuesdays 13:00-15:00

18th April, 09th May, 6th June, 4th July, 12th Sept, 3rd Oct, 7th Nov, 5th Dec

For updated **DATES ONLY** email - FamilyServiceNBSDropInGroup@nottscg.gov.uk