



A safe space for parents and carers to discuss their worries regarding concerning behaviours that are indicative of Autism and/or ADHD. Our group facilitators are here for a chat, support, advice alongside an opportunity to talk to other parents/carers in similar situations.

Small Steps

Parent Drop In Group

Nottinghamshire

Our groups run in the following locations:



- **Albany Infant School (Stapleford)**
(Grenville Dr, Stapleford, NG9 8PD)
- **Bingham Children's Centre**
(Eaton Place, Bingham, NG13 8BE)
- **Daybrook Medical Practice**
(Salop Street, Daybrook, NG5 6HP)
- **Kirkby East Children's Centre**
(The Summit Centre, Pavilion Rd, NG17 7LL)
- **Mansfield Woodhouse Children's Centre**
(Swan Lane, Mansfield Woodhouse, NG19 8BT)
- **Hawtonville Children's Centre (Newark)**
(Bowbridge Road, Newark, NG24 4EG)

Please see
overleaf for
information on
dates and times.



Parent Drop In Group Dates

Stapleford

Tuesdays 13:00-15:00

18th January, 22nd February, 15th March,
26th April, 24th May, 28th June

Bingham

Wednesdays 13:00-15:00

5th January, 2nd February, 2nd March,
20th April, 4th May, 8th June

Daybrook

Tuesdays 09:30-11:30

25th January, 22nd February, 22nd March,
26th April, 17th May, 21st June

Kirkby East

Wednesdays 09:30-11:30

26th January, 23rd February, 30th March,
27th April, 25th May, 29th June

Mansfield Woodhouse

Thursdays 09:30-11:30

13th January, 10th February, 17th March,
21st April, 19th May, 16th June

Newark

Tuesdays 13:00-15:00

8th February, 8th March, 19th April,
10th May, 14th June



**Building
stronger
families**

Covid-19 Guidance

- If possible please wear a mask while walking through the centre. You may remove it once you enter our room, but please keep a 1m distance to those outside of your household.
- There will be minimal toys available for under 5's due to cleaning capacity, but feel free to bring your own.
- Unfortunately, we are unable to offer refreshments at this time. However, you are able to bring your own.